

# Book List

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This book list is intended to be a suggested start, not a comprehensive list of the resources available in print. Books can be carried with you, shared with others, and researched when you are most desperate for information. Buy them and treasure them.

## **Pole Shift**

*The 12th Planet*, by Zecharia Sitchin  
Avon, ISBN: 038039362X

*Earth in Upheaval*, by Immanuel Velikovsky  
Amereon Ltd, ISBN: 0848814991

*Worlds in Collision*, by Immanuel Velikovsky  
Amereon Ltd, ISBN: 0848815009

*Peace of Mind in Earthquake Country*, by Peter Yanev  
Chronicle Books, ISBN: 0877017719

*SAS Survival Handbook*, by John Wiseman  
Collins Publishers San Francisco, ISBN: 0002171856

*No Such Thing As Doomsday*, by Phillip Hoag  
Yellowstone River Publishing, ISBN: 1888865016

## **Being On Foot**

*Camping and Woodcraft*, by Horace Kephart  
Univ of Tennessee Press, ISBN: 0870495569

*Primitive Wilderness Living & Survival Skills:  
Naked into the Wilderness*, by John and Geri McPherson  
ISBN: 0967877776

*Edible Wild Plants*, by Oliver Perry Medsger  
McGraw-Hill, ISBN: 0071364439

*Handbook of Edible Wild Plants and Weeds*, by Fern J. Ritchie  
Ritchie Unlimited Publications, ISBN: 0939656264

*Insects as Human Food*, by Dr W. Junk, The Hague

*Handbook of Edible Weeds*, by James A. Duke  
CRC Press, ISBN: 0849342252

*Honey from a Weed*, by Patience Gray  
Foodword, ISBN: 0907325300

*Man Eating Bugs: The Art and Science of Eating Insects*,  
by Peter Menzel and Faith  
Ten Speed Press, ISBN: 1580080227

*Introductory Mycology*, by Alexopolous  
John Wiley & Sons, ISBN: 0471522295

## **Housing**

*The Fifty Dollar and Up Underground House Book*  
by Mike Oehler, Mole Publishing Co, ISBN: 9991096922

*Adobe: Build It Yourself*, by Paul Graham McHenry  
University of Arizona Press, ISBN: 0816509484

*The Owner Built Home*, by Ken Kern  
Owner Builder Publications, ISBN: 0686312201

*The Rammed Earth House*, by David Easton  
Chelsea Green Publishing Co, ISBN: 0930031792

*The Straw Bale House*, by Athena and Bill Steen,  
David Bainbridge, and David Eisenberg  
Chelsea Green Publishing Co, ISBN: 0930031717

*The Cobber's Companion: How to Build Your Own Earthen Home*  
by Michael G. Smith, Cob Cottage, ISBN: 0966373804

*Carpentry & Construction,*

by Rex Miller, Mark Miller, and Glenn Baker

McGraw-Hill Professional Publishing, ISBN: 0070420521

### **Crafts**

*The Potter's Dictionary of Materials and Techniques,*

by Frank and Janet Hamer

University of Pennsylvania Press, ISBN: 0812234049

*Foxfire*, edited by Eliot Wigginton, ISBN: 0385073534

Anchor Books

*Foxfire 2*, ISBN: 0385022670

*Foxfire 3*, ISBN: 0385022727

*Foxfire 4*, ISBN: 0385120877

*Foxfire 5*, ISBN: 0385143087

*Foxfire 6*, ISBN: 0385152728

*Foxfire 7*, ISBN: 0385152442

*Foxfire 8*, ISBN: 0385177410

*Foxfire 9*, ISBN: 0385177445

*Foxfire 10*, ISBN: 0385422768

*Foxfire 11*, ISBN: 0385494610

*The Handyman's Book: Essential Woodworking Tools and Techniques*, by Paul N. Hasluck

Ten Speed Press, ISBN: 1580082262

*Handy Farm Devices and How to Make Them*, by Rolfe Cobleigh

The Lyons Press, ISBN: 1558214321

*How to Make Primitive Pottery*, by Gibby, Amazon.COM

*Practical Blacksmithing*, by M.T. Richardson, Astragal Press

Part 1, ISBN: 1879335816

Part 2, ISBN: 1879335824

*Back to Basics: How to Learn and Enjoy Traditional American Skills*, Reader's Digest Adult, ISBN: 0895779390

## **Hunting**

*The Traditional Bowyers Bible*, by Jim Hamm (Editor),  
Glenn Parker, Jay Massey, Al Herrin, Bert Grayson  
The Lyons Press, ISBN: 1585740861

## **First Aid**

*Book for Midwives: A Manual for Traditional Birth Attendants  
and Community Midwives*, by Susan Klein, Suellen Miller  
Hesperian Foundation, ISBN: 0942364228

*The Complete Book of Dental Remedies*, by Flora Parsa Stay, DDS  
Avery Penguin Putnam, ISBN: 0895296578

*Ditch Medicine: Advanced Field Procedures for Emergencies*,  
by Hugh L. Coffee, Amazon.COM

*Emergency Care and Transportation of the Sick and Injured*,  
edited by Bruce D. Browner and Lenworth M. Jacobs, and  
American Academy of Orthopaedic Surgeons,  
Jones & Bartlett Publishers, ISBN: 0763707961

*Emergency War Surgery*, edited by Thomas E. Bowen  
DIANE Publishing Co, ISBN: 0788102915

*Special Forces Medical Handbook*, by the US Army  
Paladin Press, ISBN: 0873644549

*Where There is No Dentist*, by Murray Dickson  
Hesperian Foundation, ISBN: 0942364058

*Where There is No Doctor*, by David Werner  
Hesperian Foundation, ISBN: 0942364155

## **Herbs**

*Dian Dincin Buchman's Herbal Medicine: The Natural Way to  
Get Well and Stay Well*, by Dian Dincin Buchman  
Random House Value Publishers, ISBN: 051714767X

*The Complete Guide to Medicinal Herbs*, by Penelope Ody  
DK Publishing, ISBN: 0789467852

*The Herb Book*, by John B. Lust  
Bantam Books, ISBN: 0553267701

*Herbally Yours*, by Penny C. Royal  
Sound Nutrition, ISBN: 096092261X

### **Energy**

*Lejay Manual*, Lindsay Publications Inc., Po box 538,  
Bradley IL 60915-0538, (815) 935-5353

*Windpower Workshop*, by Hugh Piggott, and Tim Kirby  
New Society Publishers, ISBN: 1898049203

*Direct Current Fundamentals*, by Orla E. Loper and Edgar Tdsen  
Delmar Publishers, ISBN: 0766809595

*Electrician's Pocket Manual*, by Rex Miller  
McGraw-Hill Professional Publishing, ISBN: 0071360263

*Electronics the Easy Way*, by Rex Miller, and Mark R. Miller  
Barrons Educational Series, ISBN: 0812091442

*MacHinists Library*, by Rex Miller  
Audel Books; ISBN: 0672233800

*All About Hydraulic Ram Pumps*, by Don R. Wilson  
Atlas Pubns; ISBN: 0963152629

*Independent Energy Guild*  
Backwoods Home Magazine, (800) 835-2418

*Living on 12 Volts with Ample Power*, by David Smead,  
Ruth Ishihara, Ruth Ishihara, and Nancy Overman  
Rides Publishing Co, ISBN: 0945415052

*Motors as Generators for Micro-Hydro Power*, by Nigel Smith  
Intermediate Technology, ISBN: 1853392863

## **Gardening**

*Build Your Ark!*, by Geri Guidetti  
Ark Institute, ISBN: 0938928015

*Earth Food Spirulina*, by Robert Henrikson  
Ronore Enterprises, Inc, ISBN: 0962311103

*Rodale's All-New Encyclopedia of Organic Gardening*,  
by Marshall Bradley, Barbara W. Ellis, and Fern Marshall  
Bradley, Rodale Press, ISBN: 0875965997

*Humanure: A Guide to Composting Human Manure*, by Joseph  
C. Jenkins, Chelsea Green Publishing Co, ISBN: 096442584X

*Hydroponic Food Production: A Definitive Guidebook of  
Soilless Food-Growing Methods*, by Howard M Resh, Ph.D.  
Woodbridge Press Publishers, ISBN: 0880072229

*The Organic Gardener's Handbook of Natural Insect and Disease  
Control*, edited by Barbara W. Ellis  
Rodale Press, ISBN: 0875967531

*Permaculture, A Designer's Manual*, by Bill Mollinson  
Tagari Publications, ISBN: 0908228015

*The Secret Life of Plants*, by Peter Tompkins, Christopher Bird  
HarperCollins, ISBN: 0060915870

*Seed to Seed*, by Suzanne Ashworth  
Seed Saver Publications, ISBN: 0961397772

*Mycology in Sustainable Development*,  
by Mary Egdahl Palm, Ignacio H. Chapela,  
Parkway Publishers, ISBN: 1887905014

## **Cooking**

*Stocking Up: The Third Edition of the Classic Preserving Guide,*  
by Carol Huppig, Fireside, ISBN: 0671693956

*The New Book of Whole Grains,* by Marlene Anne Bumgarn  
St. Martin's Press, ISBN: 0312156014

*Dead Doctors Don't Lie,* by Joel Wallach, Dr. Ma Lan  
Legacy Communications, ISBN: 1880692406

*Diet for a Small Planet,* by Frances Moore Lappe  
Ballantine Books, ISBN: 0345321200

*Making the Best of the Basics,* by James Talmage Stevens  
Gold Leaf Press, ISBN: 1882723252

*The Doctors Book of Food Remedies,* by Selene Yeager,  
Prevention Health Books  
St. Martin's Press, ISBN: 1579543626

*Enzyme Nutrition,* by Edward Howell  
Lotus Press, ISBN: 0895292211

## **Short Wave Radio**

*ARRL Handbook for Radio Amateurs 2001*  
American Radio Relay League, ISBN: 0872591867

*Now You're Talking,* by Larry D. Wolfgang and Joel P. Kleinman  
American Radio Relay League, ISBN: 0872597970

*Technician No-Code Plus,* by Gordon West WB6NOA  
Master Publications Inc, ISBN: 0945053169

# Internet

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The Troubled Times web site contains pertinent information over a hundred TOPICs which has been contributed by hundreds of volunteers. These individuals are not necessarily members of the non-profit corporation, as the nonprofit corporation was formed from a subset of these individual, to increase the educational outreach.

The home page of the Troubed Times web site is at:

<http://www.troubled-times.com>

These TOPIC's are categorized into Energy, Food, Shelter, Health, Teams, Information, and The Word. These categories can be readily accessed from the Hub page. The Troubled Times TOPIC reference and link to almost a thousand other web sites, within the TOPICs.

Mailing lists are maintained for working groups (tt-forum), discussions on current earth changes (tt-watch), discussions on the emotional adjustments (tt-social), and a welcoming list for newcomers with questions (tt-welcome). Joining one of these open mailing lists is facilitated by the Membership page.

Troubled Times, Inc. supports operations such as the seed growing (tt-seeds) and short wave radio with packet relay (tt-radio), and offers an Adobe PDF version of this booklet online. The home page of the Troubed Times, Inc. web site is at:

<http://www.troubled-times.org>

